



# SCLERAL LENS

## HANDLING & CARE



# Lens Handling & Care

- Always thoroughly wash hands with mild, lotion-free soap and dry hands with a clean, lint-free towel before inserting and removing lenses.
- Always use fresh solution when storing lenses; never re-use solution or top off already used solution.
- Cases should always be replaced with every new bottle of lens storage solution.
- Never use tap water/bottled water on lenses. Only use saline and approved solutions for your contact lenses.



- Ensure the scleral lens is filled completely prior to inserting. This will help prevent bubbles.

## Prior to Lens Handling



Looking for an extra layer of protection? After washing your hands, spray Contact Lens Hand Prep by VibrantVue® on hands and rub in thoroughly over all surface of hands & fingernails.

# Scleral Lens Insertion

- 1 Place the lens onto the center of the insertion plunger and over-fill the lens bowl with VibrantVue® Scleral Saline.

**ProTip** – *an EZi Ring can be used for those with difficulty using the standard insertion plunger.*

- 2 Holding both eyelids open, **position your head at a 90-degree angle so that you are parallel with the table** to prepare for lens insertion.

**ProTip** – *It is helpful to place a mirror flat on the counter/table as you insert the lens.*

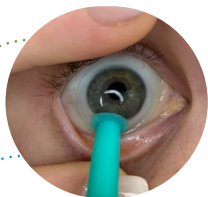
- 3 Use the insertion plunger to gently place the lens onto the eye while continuing to hold both eyelids open. Immediately, but gently, release the lower lid, then the upper lid once the lens makes contact with your eye.

**ProTip** – *A small amount of saline should spill out of the bowl with proper insertion. This indicates that enough saline was used.*

- 4 Check that there are no bubbles under the lens and that the lens is centered. If not, remove lens and re-insert with fresh VibrantVue® Scleral Saline.

# Scleral Lens Removal

- 1 Wet the tip of the removal plunger with VibrantVue® Scleral Saline (NOT tap water).



- 2 Holding both eyelids open, press the suction cup of the removal plunger onto the bottom, outer portion of the scleral lens.
- 3 Gently pull on the removal plunger up and outwards from the eye to break suction and remove the scleral lens.
- 4 Follow the instructions on your prescribed lens cleaner/conditioner before storing the lenses in a clean case with fresh solution.

## Scleral Lens Tips

- When inserting the lens, ensure you are always gently placing the lens on your eye. If the lens is pushed too hard onto the eye, you may experience discomfort and lens fogging.
- Try not to rub your eyes during the day.
- If lenses feel uncomfortable during the day, remove, rinse, refill the lenses with VibrantVue® Scleral Saline and re-insert.

# Hand Prep

**No soap. No water. No problem.**



- Spray alone can be used in place of hand washing.
- Have the freedom to insert & remove contact lenses with confidence while away from home.
- Use in conjunction with hand washing for an extra layer of protection.
- Alcohol Free! Use regularly for maintaining clean, healthy skin without the drying effects of alcohol.

## Specialty Lens Kit

Our convenient scleral lens starter/travel kits make contact lens wear & care easy! This kit includes:

- VibrantVue® Scleral Saline
- Tangible® Clean Multi-Purpose Solution
- Extra Lens Care
- Inserter / Remover
- Reusable Zipper Case
- VibrantVue® Contact Lens Hand Prep (Premium Only)
- EZi Insertion Ring (Premium Only)



# Hydra-PEG Information

- Must only use approved solutions and saline
- DO NOT use tap water/bottled water
- Always store in solution, never dry
- Lens can be rubbed clean (gently) with approved solutions before storage
- Any lubricating/re-wetting drops that are contact lens approved are OK for lenses with Hydra-PEG

## Scleral Solutions

*Patient should always follow the doctor's handling/care instructions and recommended cleaning solutions.*

### Hydra-PEG Compatible

Tangible Clean (Tangible)

Unique PH (Menicon)

Boston Simplus (B&L)

ClearCare (Alcon)

Refine One Step (Coopervision)

### Cleaners & Conditioners *(not for use on Hydra-PEG)*

Boston Cleaner (B&L) (Cleaner Only)

Boston Advance Cleaner/Boston Advance Conditioner (B&L)

Optimum Cleaner/Optimum Conditioner (Lobob)

Equate Cleaner/Equate Conditioner (Walmart)

### Enzymatic Cleaners *(not for use on Hydra-PEG)*

Boston One-Step (B&L)

Progent (Menicon)

### Scleral Filling Solutions

VibrantVue® Scleral Saline (Visionary Optics)

Lacripure (Menicon)

Nutrifill (Contamac)

ScleralFil (B&L)

[Scleral Lenses]

Caution: Federal Law Prohibits  
Dispensing Without Prescription

L157 v2.0